

# Bernardo Sainz Martínez, Ph.D.

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## Education

### **Political Studies, PhD**

- Queen's University, Kingston (2019-2024)
- Fields: Comparative Politics and Political Theory
- GPA: 3.95
- Doctoral project: *Nationalist Networks: How Civil Society Influences Nationalist Movements in Catalonia and the Basque Country*
- Co-supervisors: Dr. Zsuzsa Csergő and Dr. John McGarry
- Examiners: Dr. Will Kymlicka, Dr. Michael Keating, Dr. Oded Haklai
- Selected as the *Social Sciences Outstanding Thesis 2023-2024*, by the School of Graduate Studies and Postdoctoral Affairs, Queen's University

### **Governance and Public Policy, MA**

- Universidad Panamericana, Mexico City (2017-2018)
- GPA: 4 (Mexican: 9.8 / 10)

### **Philosophy, BA (with honors)**

- Universidad Panamericana, Mexico City. (2011-2015)
- Exchange Studies: DePaul University. Chicago, Illinois. (January - June 2014)
- GPA: 3.9 (Mexican: 9.5 / 10) *Highest GPA of the class 2015*
- Thesis: *La excepción y los límites ejecutivos del gobierno. Una aproximación desde John Locke y Carl Schmitt (The exception and the executive limits of government. An approach from the philosophy of John Locke and Carl Schmitt).*

### **Management Development Program, D-1**

- IPADE Business School (2024-2025)

### **Program in Advanced Social, Economic and Political Studies (Magna Cum Laude)**

- *Phoenix Institute Summer Seminar for the Study of Western Institutions* at the University of Notre Dame, Indiana, USA (2011 and 2012)
- *Phoenix Institute Summer Seminar for the Study of Western Institutions* at the International Theological Institute, Trumau, Austria (2014)

### **Program for the Strengthening of Civil Service in Latin America of the Botín Foundation**

- Brown University, Botín Foundation, and Fundação Getulio Vargas. (2015)

## Professional and Research Experience

### **IPADE Business School, Social and Political Environment Department**

- Associate Director, Center for Research in Social Responsibility ([CIRES](#)) (2024 - present)
- Assistant Professor (2024 – present)
- Visiting Scholar (2021-2023)
- Academic Collaborator (2018 –2019)
- Academic and Research Assistant (2016 –2018)

### **Applied Ethics Solutions SC.**

- Business consultancy: “Study of Economic Conditions and Policies in Central America and the Dominican Republic for the Insurance Business.” (2016)

### **Cultural Project Consultant**

- For the Culture and Film Commission of the Mexican Chamber of Deputies. (2016)

### **NOUS**

- Founder, president and teacher at NOUS, a student association for the promotion of philosophy, ethics, and culture among secondary education students. (2012-2015)

### **The Phoenix Institute Mexico**

- Regional Coordination for local academic and cultural activities of the Phoenix Institute (2014-2015)

## **Teaching Experience**

### **IPADE Business School**

- Comparative Politics and International Relations, Full-time MBA (2025, Professor)
- Comparative Politics and International Relations, Executive MBA (2024, Professor)
- Mexican Politics and Society, Full-time MBA (2024, Professor)
- Social and Political Environment selected sessions for Executive MBA and Full-time MBA (2021 – 2023, Visiting Scholar)

### **Queen’s University**

- POLS 442 – Latin American Politics (Winter 2023, Teaching Fellow)
- POLS 261 – International Politics (Fall 2021, Teaching Assistant)
- POLS 242 – Comparative Politics: Contemporary Regimes (Fall 2021, Teaching Assistant)
- POLS 110 – Introduction to Politics (Fall 2019, Winter 2020, Fall 2020, Winter 2021, Teaching Assistant)
- SPAN 111 – Spanish (Summer 2020, Summer 2023, Teaching Assistant)

### **Phoenix Institute at the University of Notre Dame**

- Modern and Postmodern Individualism and the Question for the Common Good (Summer 2017, Teaching Assistant)
- Herodotus, Vergil, and the Origins of Western Civilization (Summer 2015, Teaching Assistant)

### **Universidad Panamericana**

- History of Culture (Fall 2017, Lecturer)
- Professional Ethics (Winter 2017, Lecturer)

## **Conference Presentations**

- International Summer Research Institute, 2023. States and Nations: Diversity, Domination and Legitimacy. At EURAC Research, Bolzano/Bozen.
  - Presentation: *Nationalist Networks in Catalonia and the Basque Country.*
- Political Studies Association 2022 Annual International Conference: Politics from the Margins. At the University of York.
  - Panel: New Directions in Regional and Local Politics in Spain.
  - Presentation: *How Does Civil Society Influence the Fortunes of Nationalist Movements? Notes from the Field.*
- UACES – JMCT “Territorial Politics” Second Workshop: Social Actors and Citizens in Territorial Politics. At the University of Edinburgh, 2022.
  - Presentation: *Networks and Narratives in Catalan and Basque Nationalist Civil Society.*

## **Awards and Honors**

- First place and best pitch awards in the 2024 “AI & Democracy Hackathon”, organized by The German Marshall Fund of the United States.
- Governor General’s Gold Academic Medal Nominee, 2024.
- *Social Sciences Outstanding Thesis 2024*, selected by the School of Graduate Studies and Postdoctoral Affairs, Queen’s University.
- *Pass with Distinction* in Comparative Politics comprehensive field exam at Queen’s University.
- Doctoral Candidate Fellow at the Centre for the Study of Democracy and Diversity at Queen's University (2022-2024).
- ANUIES (National Association of Universities and Higher Education Institutions) Award for Social Service Experience, 2016.
- Highest GPA of the 2011-2015 class of the Philosophy BA at Universidad Panamericana.
- 1<sup>st</sup> place at the essay contest “La Fe se Ensayó” for the V Universitas Forum of the Universidad Panamericana with the essay: *La influencia de la fe en la reconciliación política. Una aproximación desde la Comisión de la Verdad y Reconciliación de Sudáfrica (The influence of faith in political reconciliation. An approach from the Commission of Truth and Reconciliation in South Africa)* (2013).
- Mentioned by Diario Reforma as “One of the best University Students of 2014”.

## **Scholarship**

- Political Studies Departmental Field Research Funding. Queen’s University (2021)
- Principal's International Doctoral Award. Queen’s University (2019-2023).
- International Graduate Award. Queen’s University (2019 – 2023).
- Queen’s Graduate Award. Queen’s University (2019-2023).
- IPADE Pre-doctoral Funding (2019).
- Full Scholarship for Master’s in Government and Public Policy at Universidad Panamericana (2018).
- Academic Excellence Scholarship for studies at Universidad Panamericana, for having the highest GPA of the class 2007-2010 at Centro Escolar el Encino High School.

## **Relevant Seminars**

- *Teaching with Cases*, Harvard Business Publishing Education, at IPADE Business School, 2024.
- *Global Faculty Development program*, The Wharton School, University of Pennsylvania (2024).
- *International Academic Program, Research Symposium: Public Value through Equity, Efficiency and Legitimacy*, Harvard University and Universidad Autónoma de Madrid (2024).
- *The Institute for Qualitative and Multi-Method Research (IQMR)*, Maxwell School of Citizenship and Public Affairs, Syracuse University (2021).
- *Political Parties and Party Systems*, International Course. Universidad Autónoma de Guerrero and Mexican Political Science Association (2021).
- *Quantitative Methods for Social Sciences*, IPSA-FLACSO, México Summer School, (2019)
- *U.S Government and Politics: Policy and Decision Making*, International Seminar. Maxwell School of Citizenship and Public Affairs, Syracuse University (2019).
- *Open Government*, International Seminar. Universidad Panamericana and Universidad Austral (2018).
- *Tocqueville, Murray and the American Proposition*, Summer Seminar. Abigail Adams Institute at Harvard University (2017).
- *The Economy and the Family*, Summer Seminar. Elm Institute at Yale University (2017).

## **Publications**

### **Peer Reviewed**

- Sainz B. (2020). “Constitutional Patriotism and the Spanish Constitutional Debate”. *Ciencia Política*. 15(29): 225-248. <https://doi.org/10.15446/cp.v15n29.80172>

## Selected Op-eds and Other Academic Publications

- Sainz Martínez, B. (2024). Mexico's New President Claudia Sheinbaum Faces -- and Fuels -- Political Instability. Fair Observer. <https://www.fairobserver.com/politics/mexicos-new-president-claudia-sheinbaum-faces-and-fuels-political-instability/>
- Dahik Loor, A. C., Sainz Martínez, B., Aleman-Castilla, B., Rodríguez Pueblita, J. C. , & Pacheco Castro, C. D. (2024) *Sistematización y Evaluación de Modelo de Intervención Colonia Simi de Fundación del Dr. Simi A.C. Modelo de Teoría de Cambio.*, submitted to Fundación del Dr. Simi A.C. (White paper for Fundación del Dr. Simi A.C)
- Sainz Martínez, B. (2024). ¿Qué sociedad civil queremos? Forbes Mexico. <https://forbes.com.mx/que-sociedad-civil-queremos/>
- Sainz Martínez, B., & Llaguno Sañudo, J. A. (2024). “Ghibli y Disney dos visiones del entretenimiento familiar.” ISTMO (ISSN-0021-261X), 394, 60 - 64.
- Sainz Martínez B. (2024) “¿Son irrelevantes los debates electorales?” El Universal, 11/04/2024 <https://www.eluniversal.com.mx/cartera/son-irrelevantes-los-debates-electorales/>
- Sainz Martínez B. (2024) “Es el momento de la inversión sustentable” Revista Ganar Ganar n.128, 22. [https://issuu.com/ganarganar/docs/revista\\_ganar-ganar\\_ed128\\_mayo-jun-2024](https://issuu.com/ganarganar/docs/revista_ganar-ganar_ed128_mayo-jun-2024)
- Sainz Martínez B, Salcedo-Romo A. (2020). “¿Qué es el consociativismo y por qué es la apuesta de Zapatero para rebajar la tensión territorial?” (What is Consociationalism and Why is it Zapatero's Bet to Reduce Territorial Tensions?). The Conversation. <https://theconversation.com/que-es-el-consociativismo-y-por-que-es-la-apuesta-de-zapatero-para-rebajar-la-tension-territorial-142177>
- Morfini N, Sainz Martínez B. (2019). “Italian-style Political Instability Comes to Spain”. Al Jazeera. <https://www.aljazeera.com/opinions/2019/3/12/italian-style-political-instability-comes-to-spain>
- Morfini N, Sainz Martínez B. (2019). “Liderazgo político y democracia directa: El México de Andrés Manuel López Obrador” (Political Leadership and Direct Democracy: Andres Manuel Lopez Obrador's Mexico). Foreign Affairs Latinoamérica. <http://revistafal.com/liderazgo-politico-y-democracia-directa/>
- Morfini N, Sainz Martínez B. (2018). “López Obrador hacia la cuarta transformación” (López Obrador Towards the Fourth Transformation). Forbes Mexico. <https://www.forbes.com.mx/lopez-obrador-hacia-la-cuarta-transformacion/>
- Bazela M, Sainz Martínez B. (2016). “Brexit. El Reino Unido en una encrucijada” (Brexit: The UK at a Crossroads). ISTMO. 58(354). <https://www.istmo.mx/2016/09/01/brexit-el-reino-unido-en-una-nueva-encrucijada/>
- Sainz Martínez B. (2013). “La influencia de la fe en la reconciliación política. Una aproximación desde las comisiones de verdad y reconciliación de Sudáfrica” (The Influence of Faith in Political Reconciliation: An approach from the Truth and Reconciliation Commission in South Africa). Revista de Humanidades: V Foro Universitas. Universidad Panamericana. (5): 63-75. [https://www.up.edu.mx/sites/default/files/foro\\_universitas\\_2013\\_revista.pdf](https://www.up.edu.mx/sites/default/files/foro_universitas_2013_revista.pdf)

## Case Studies and Academic Material for IPADE Business School

- Sainz Martínez B, De León González R, Cárdenas T. (2025) “Atento y el T-MEC” (Case Study EPS 25 C 02.) IPADE Publishing.

- Sainz Martínez B, De León González R, Cárdenas T. (2025). “El Mecanismo Laboral de Respuesta Rápida y sus Implicaciones en las Empresas Mexicanas”(Technical Note EPS 25 N 01.) IPADE Publishing.
- Dahik Loor, A. C., Casanueva Fernández, A., & Sainz Martínez, B. (2024). “Fuerzas restrictivas e impulsoras de la inversión social.” Evidencia de Jalisco. (Technical Note CIRES 24 N 01.) IPADE Publishing.
- Sainz Martínez B. (2024) “Thought Experiment: Three Imaginary Systems of Government.” (Teaching Note EPS 24 GP 11). IPADE Publishing.
- Sainz Martínez B. (2024) “Ayotzinapa: ¿La tragedia que transformaría un Sexenio?” (Teaching Note EPS 15 GP 02) IPADE Publishing.
- Sainz Martínez B. “La Reforma que no fue” (Teaching Note EPS 04 GP 01) IPADE Publishing.
- Sainz Martínez B. (2024) “Confronting Uncertainty: The Catalan Crisis” (Case Study EPS 24 C 04). IPADE Publishing.
- Sainz Martínez B, Bazela M. (2021) “Areas, Approaches, and Methods of Political Science” (Technical Note EPS 21 eN 01). IPADE Publishing.
- Bazela M, Sainz Martínez B. (2017). “The Impact of Intangible Forces on Business Management: An Introduction to the Political and Social Analysis of the Business Environment” (Technical Note EPS 17 N 03). IPADE Publishing.
- Bazela M, Sainz Martínez B. (2017). “USA: Empire of Liberty” (Teaching Note 216-0072-8). IPADE Publishing.
- Bazela M., Sainz Martínez B. (2016). “The Rebellion of the Wunderkind of the United Europe: The Kaczynskis’ Poland” (Technical Note EPS 16 N 04). IPADE Publishing.
- Bazela M, Sainz Martínez B. (2016). “Brexit: The UK at a Crossroads” (Technical Note EPS 16 N 03). IPADE Publishing.

#### Other

- Sainz Martínez B. (2022) “Breve Enciclopedia de las Prácticas Democráticas de las Especies” (Brief Encyclopedia of the Democratic Practices of Species), Self-published.  
[https://www.sainz-martinez.com/files/ugd/a8a7be\\_4981d74f4d4144b89dcf7f7f5cdd0201.pdf](https://www.sainz-martinez.com/files/ugd/a8a7be_4981d74f4d4144b89dcf7f7f5cdd0201.pdf)